

Information on data protection in Sleep-e

as per Article 13 GDPR

Data protection

The protection of personal data is very important for us. Your data is always protected. Here we tell you why the University of Freiburg collects, stores, or forwards your data. And we tell you what rights you have on your data.

There are people who check that this study correctly protects your data: the Data Privacy Commissioner and the Ethics Commission of the University of Freiburg. And they have found that we handle your data securely.

1. Person responsible for data processing

The person responsible for data processing is the project manager at the University of Freiburg (Article 4 Paragraph 7 of the General Data Protection Regulation (GDPR)).

a. Name and contact information of the project manager:

Dr. Lasse Sander
Institute of Psychology, University of Freiburg
Engelbergerstr. 41, D-79085 Freiburg, Germany
Tel: [+49] 0761-203-3049
Email: lasse.sander@psychologie.uni-freiburg.de

b. Contact information of the data privacy commissioner:

If you have questions on data protection, please write the data privacy commissioner:

University of Freiburg
Datenschutzbeauftragter
Friedrichstrasse 39, D-79098 Freiburg, Germany
Tel: [+49] 0761 / 203 - 0
Fax: [+49] 0761 / 203 - 4369
Mail: datenschutzbeauftragter@uni-freiburg.de

2. Purpose and legal basis of the data processing

We only use your personal data to write you and to do the study. We may only use your data if you agree. This means that the legal basis for data processing is your informed consent (Article 6 paragraph 1 GDPR). We only transfer your personal data to third parties if law permits this or if you agree.

3. Storage of your data

We only store your personal data until the end of the study (i.e. the voucher raffle). You and all your data get an ID number. Thus, your data is pseudonymised and we can use the ID number to assign all data without using your name. Only a list shows which ID number belongs to your name. This list is password-protected and stored on a secure server of the University of Freiburg. Only the study manager and the study staff can see the list. The list will be deleted at the end of the study. After that, there is no connection between your name and your data,

which means that your data is anonymous. The anonymous data will be deleted 10 years after the end of the study.

We show the results of the study only for all participants; your own results are not shown.

4. Recipients of your data

Only the people in the Department of Rehabilitation Psychology and Psychotherapy at the University of Freiburg who write to you for the study have your personal data. For the online questionnaires and for the online training you need an e-mail address. You can use an e-mail address without your name.

We use the data from the online questionnaires (baseline and two follow-up questionnaires) and the online training only for this study. Perhaps anonymous data will be passed on to cooperation partners for analyses for various projects, for example user data on the Minddistrict website.

5. Transferring data to third parties

In the study we use 2 websites: Unipark (www.unipark.com) and Minddistrict. The websites are very secure and all data transmission is encrypted.

There are 3 online questionnaires on Unipark (questionnaires at the beginning and 2 follow-up questionnaires after 4 and 12 weeks). More information about the data security of Unipark here: <https://www.questback.com/data-privacy/> ; <https://www.unipark.com/datenschutz/> . The online training is on Minddistrict. The website stores which module you have edited and how often you log on to the site.

6. Your rights as a participant

1. **Right to access information (GDPR Art. 15):** The person responsible informs you when you ask about your data, what they are used for and how long they are stored. If you wish, you will receive a copy of your data.
2. **Right to rectification (GDPR Art. 16):** The person responsible must immediately correct any inaccurate data concerning you.
3. **Right to erasure (GDPR Art. 17):** The person responsible must delete your data if you say so.
4. **Right to restriction of processing (GDPR Art. 18):** The person responsible may no longer use your data if you say so.
5. **Notification obligation regarding rectification or erasure of personal data or restriction of processing (GDPR Art. 19):** If your data are corrected or deleted, the person responsible informs all people who receive your data.
6. **Right to data portability (GDPR Art. 20):** You can obtain your data from the person responsible or have the data passed on to another person responsible.
7. **Right to lodge a complaint with a supervisory authority (GDPR Art. 77):** You can complain to a supervisory authority if you think that your data is not well protected. The supervisory authority is the State Commissioner for Data Protection and Freedom of Information of Baden-Württemberg.

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Email: poststelle@lfdi.bwl.de
<https://www.baden-wuerttemberg.datenschutz.de>

Professional secrecy

The study team is bound by confidentiality, which means that no information may be passed on. The results of the study are summarised in scientific articles; this gives no information about your own data.